



What can we do to help you?

All our programs are challenging and different, just like individuals. Instead of focusing solely on the drug /alcohol, we build on individual strengths so the experience of dependency becomes an opportunity for learning.

We can help you with :

- alcohol & drug counselling
- relapse prevention
- information & referral
- anger management
- grief and loss counselling
- advocacy and support
- referrals to welfare and health agencies
- family violence prevention
- communication and relationship counselling

What makes us unique?

AADS is the only Aboriginal Organisation that caters to the needs of Aboriginal people with Drug & Alcohol Problems.



This painting reflects AADS Services aimed at improving the Mind, the Body, the Spirit

How do I access AADS Education & Promotion Programs or the “Get On Move On Program”

Contact the Education Officer or Youth Program Coordinator

How do Clients access our service?

Just walk in

Phone during clinic hours

Get a referral through another health professional



Client Painting

Emergency Phone Numbers

Alcohol & Drug Information Service (ADIS)

Toll Free: 1800 198 024

Or phone: 9442 5000

Parent Drug Information Service (PDIS)

Phone: 9442 5050

Health Direct (24hr Service)

Phone: 1800 022 222

Mental Health Services (24hr Service)

Phone: 1300 555 788

Rural calls free: 1800 676 822

A.A.D.S Aboriginal Alcohol & Drug Service Inc.



Clinic Hours: Monday –Thursday 8:30am – 5:00pm

Friday 8:30am – 2:00pm

211 Royal Street, EAST PERTH 6004

Postal Address: PO Box 8105,

Perth Business Centre WA 6849

Phone: 08 9221 1411

Admin Fax: 08 9221 1585

Clinical Fax: 08 9221 4844

Email: aads@aads.org.au



Introduction to the Aboriginal Alcohol & Drug Service Inc.

The Aboriginal Alcohol and Drug Service (AADS), formally known as Noongar Alcohol and Substance Abuse Service Inc. (NASAS), is an Incorporated Body empowered to operate under the Associations and Incorporations Act of Western Australia 1987, and has been incorporated and operating since 1989.

The AADS organisation has based itself and its services within a working model that meets high standards for "Cultural Security" and offers treatments, education programs, Yarning (counselling) and a range of natural healing therapies that have always been at the heart of Aboriginal life.

The organisation is Aboriginal managed and controlled and operates under the guidance of nine Aboriginal Board of Directors who are elected by the corporation members, at an Annual General Meeting of the organisation, to oversee management of the assets, services and affairs of the organisation.

AADS have twenty seven staff members and, of this group, are prominently aboriginal.

These staff are highly respected and suitably qualified within the fields that they work in and each of them has many years experience working in Indigenous programs and service agencies through out Western Australia.



AADS reception area

AADS Aim:

TO MAKE A DIFFERENCE by providing strong leadership in the treatment and prevention of AOD misuse among Indigenous people.

AADS Mission:

"To provide fully integrated and holistic AOD services and programs that treat and prevent harmful effects on families and individuals through the development of:

- Services, Partnerships and Facilities that are **Culturally Secure**.
- Education, Counselling Services and harm minimization Strategies that **Strengthen The Mind**.
- AOD Withdrawal & Rehabilitation Services that **Strengthen the Body**.
- Cultural Knowledge and Re-connection that **Strengthen The Spirit**.

AADS Clinical Services

AADS Clinical team responds to clients needs by assessing holistically and providing culturally appropriate counselling. A treatment plan is tailored to suit the individual and family needs.

A professional and confidential service that listens in a non-judgemental way, offering support in exploring options and consequences of life choices and guidance with positive goal setting.

The Clinical team offers a supported pathway to medical withdrawal services and longer term Residential Rehabilitation services for Aboriginal clients.

The clinic is a multidisciplinary team of qualified Counsellors who have a strong focus on Cultural Security in service delivery for our community.

Natural Therapies: The Natural Therapies program uses a combination of natural approached including nutrition, wild flower essences, kinesiology body work, pain management techniques, stress management methods (relaxation), art and music therapy.

Wooree Miya Women's Refuge

The Wooree Miya Refuge is a discrete service aimed at providing crisis accommodation services and facilities to women, largely Indigenous, who are escaping domestic violence and other family break down.

Aboriginal Alcohol and Drug Service Inc. continues to manage the Wooree Miya Woman's Refuge as an integral part of the holistic and culturally secure intervention programs for Indigenous people.

How to access Wooree Miya:

Referrals through Crisis Care or contact AADS.

AADS Educational Programs

Research

The Research Officer works closely with AADS staff to explore innovative methods of treatment and prevention and thoroughly evaluates existing programs and partnerships.

AADS educational programs include:

- Community Education Program
- Alcohol and Drug Awareness
- Community Justice Program & Diversion Programs
- Survival and Cultural Revival.
- Nutrition and FoodCents
- Parenting Education, Child Health & Development
- Healthy Relationships program covers Anger Management and healthy Communication
- Employment goal setting
- Sport and recreation
- Team building and self esteem



"This painting demonstrates AADS intervention programs working with service partners to support a "Seamless" approach where Indigenous people can progress from a Yarning (counseling) service to a "Withdrawal" program and then on to residential rehabilitation services."